



**The Meridian Police
Department**
Presents

CRISIS INTERVENTION 40-HOUR TRAINING

Crisis Intervention 40-Hour Training (CIT 40) is an entry-level course designed to train and equip law enforcement officers with the ability to recognize and respond to calls for service involving someone in a mental health crisis.

Course Information:

Dates:

August 10-13, 2026

Times:

8:00 A.M. - 6:00 P.M (with one hour for lunch)

Cost:

Free

Location:

Meridian Public Safety Training Center
1223 E. Watertower St. Meridian, ID 83642



Registration Deadline:

August 7th, 2026

To Register or Ask Questions:

Call: (208) 565-6475

Email: cit@meridiancity.org

The Three Foundational Building Blocks of CIT 40

Knowledge:

Understanding mental illness, knowledge of commonly prescribed psychiatric medications, suicide risk assessment and prevention, co-occurring disorders, developmental disabilities, special populations and local resources.

Experiencing, Sensitizing & Building Empathy:

Hearing voices exercise, meeting with community-based mental health providers, meeting people with lived experiences, and effective communication skills.

Experiential and Practical Application:

Scenario-based training with coaching and feedback.