

GRANT-FUNDED CLASSROOM-BASED TRAINING

Intro to De-Escalation

Presented by:



Jayne Dozier
Jim O’Gorman
Aaron Rosen

Jayne, Jim, and Aaron are a team of passionate cops, dedicated to providing the best possible training for their fellow officers. As cops themselves, they understand the challenges that come with the job, so their trainings are provided with necessary tools and knowledge officers need to be successful in their roles. All three are POST Certified Instructors with over 22 years of law enforcement experience.

TUITION FREE

February 11-12, 2026

8:00am – 4:30pm

**Idaho POST Academy
Building 3 – Classroom A**

This two day includes the latest information in de-escalation, in-depth discussions, video exemplars, and scenarios aimed at developing an exceptional understanding of de-escalation techniques, effective communication strategies, conflict resolution tactics and crisis management utilization. These overarching course objectives are supported by up to 53 learning objectives within the curriculum.

- **Enhance De-Escalation Mastery:** Training participants will gain a mastery of various de-escalation techniques, encompassing active listening, effective verbal and non-verbal communication, empathetic engagement, and tactical decision-making.
- **Cultivate Conflict Resolution Skills:** Participants will develop additional conflict resolution skills, honing their ability to assess and manage conflicts in dynamic situations. Through strategic discussion, problem-solving, and mediation techniques, officers will have a better ability to find and execute peaceful resolutions in challenging scenarios.
- **Foster Resilience in Crisis Management:** The training program will equip officers with resilience and adaptability in managing high stress and crisis situations. By enhancing situational awareness, promoting effective decision-making under pressure, and execution of critical incident management, participants will be able to maintain composure and a resolution mindset when facing unexpected challenges.
- **Elevate Communication Strategies:** Officers will refine their communication strategies, enabling them to establish rapport in a faster timeframe, more effectively de-escalate tense situations, and skillfully engage individuals experiencing distress, mental health challenges, or other vulnerable circumstances. They will increase their ability to adapt their communication styles to connect with diverse populations.
- **Ensure Legal and Ethical Alignment:** Participants will develop an understanding of the legal landscape, policies, and ethical considerations surrounding de-escalation. They will demonstrate adherence to applicable laws, guidelines, and professional standards, ensuring their actions consistently align with the highest levels of legal and ethical integrity.

Email or fax the registration form to:

Cathy Weddle, cathy.weddle@post.idaho.gov

Fax: 208-884-7295 Office phone: 208-884-7321

REGISTRATION FORM

Intro to De-Escalation

TUITION FREE

February 11-12, 2026

8:00am – 4:30pm

**Idaho POST Academy
Building 3 – Classroom A**

This two day includes the latest information in de-escalation, in-depth discussions, video exemplars, and scenarios aimed at developing an exceptional understanding of de-escalation techniques, effective communication strategies, conflict resolution tactics and crisis management utilization. These overarching course objectives are supported by up to 53 learning objectives within the curriculum.

- Enhance De-Escalation Mastery
- Cultivate Conflict Resolution Skills
- Foster Resilience in Crisis Management
- Elevate Communication Strategies
- Ensure Legal and Ethical Alignment

Name _____

Agency _____

Phone _____

Email _____

POST ID# _____

Email or fax this form to:

Cathy Weddle, cathy.weddle@post.idaho.gov

Fax: 208-884-7295 Office phone: 208-884-7321