





ARC TACTICAL

VASCULAR NECK RESTRAINT INSTRUCTOR

FOR LAW ENFORCEMENT & CORRECTIONS

Idaho Peace Officer Standards & Training
700 S. Stratford Dr.
Meridian, ID 83642-6202

November 3rd - 5th, 2026
Two (2) year certification

$625 per student
Includes digital manual

ABOUT THE COURSE

The vascular neck restraint (VNR) Instructor course teaches participants how to safely and effectively apply a controlled, blood-flow–based restraining technique to subdue resistant subjects with minimal injury. The course emphasizes anatomy, proper placement, recognition of warning signs, legal considerations, and strict safety protocols.

Through step-by-step instruction, scenario drills, and supervised practice, students learn when VNR is appropriate, how to apply and release it safely, and how to monitor subjects afterward. The training prioritizes control, professionalism, and reducing harm while ensuring officers understand policy, risk factors, and accountability.

REGISTER NOW

WWW.ARCTAC.NET

COURSE FOCUS:

- Proper Application
- Use of Force Law
- Safety Protocols
- Instructor Development