



PNW TACFIT WELLNESS CLINIC

Free training for all first responders, law enforcement, fire and EMS

Topics include:
Mental Health
Preventative Health
Nutrition
Functional Fitness



Hosted by Nampa and Meridian Police

Date: Thursday, September 4th, 2025

Location: IDAHO POST, Meridian ID

Time: 0800 - 1800 hrs.

CLINIC REGISTRATION LINK