



The Meridian Police
Department
Presents

CRISIS INTERVENTION 40-HOUR TRAINING

Crisis Intervention 40-Hour Training (CIT 40) is an entry-level course designed to train and equip law enforcement officers with the ability to recognize and respond to calls for service involving someone in a mental health crisis.

Course Information:

Dates:

Monday, September 9 thru Friday, September 13, 2024

Times:

8:00 A.M. - 5:00 P.M (with one hour for lunch)

Cost:

Free

Location:

Meridian Public Safety Training Center
1223 E. Watertower St. Meridian, ID 83642



Registration Deadline:

Friday, August 30th, 2024

To Register or Ask Questions:

Call: (208) 895-3336

Email: ahorvath@meridianscity.org

The Three Foundational Building Blocks of CIT 40

Knowledge:

Understanding mental illness, knowledge of commonly prescribed psychiatric medications, suicide risk assessment and prevention, co-occurring disorders, developmental disabilities, special populations and local resources.

**Experiencing, Sensitizing &
Building Empathy:**

Hearing voices exercise, meeting with community-based mental health providers, meeting people with lived experiences, and effective communication skills.

**Experiential and Practical
Application:**

Scenario-based training with coaching and feedback.